

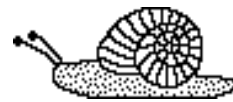
# Summer Activities

**Welcome to Warriors' Path State Park!** We hope you will enjoy your visit! While you are with us, we invite you to take advantage of the rich natural beauty and wealth of opportunities for enjoyable recreation here at the park.



## **PARK PROGRAM STAFF:**

Cayce Harper, Nicholas Scarborough, Marty Silver



## **TUESDAY JULY 10**

- 5:00 PM RIVERBANK STROLL** -This green river valley has seen generations of travelers. This evening we'll travel together, and search for signs of the wildlife and the people who came before us. Meet at the main campground bath house.
- 6:00 PM WIND BENEATH YOUR WINGS** - We may not have wings, but we can still appreciate the wind! Bring your kites and pinwheels, or come make your own, and we'll enjoy the summer winds from the ground. Meet at the Open Air Chapel, or meet at the main bathhouse if it rains.
- 7:00 PM TREE TOOLS** - How big is that tree? How old is it? What wildlife could be hiding in it? Come see and try out some of the tools that foresters use to study and protect our native trees. Meet at the Open Air Chapel, or main bath house if it is raining.
- 8:00 PM NATURE Pictionary** - Picture this: a nature game for the whole family, with lots of nature discovery built right in! Meet at the Open Air Chapel, or main bath house if it is raining.
- 9:00 PM FOREST TREES** - Take a "hike" from the comfort of your seat. Enjoy a "tour" of our nearby forest habitats using words and pictures. After the slide show, we'll share a demonstration of how to identify our local trees. Meet at the Open Air Chapel, or pool entrance if it is raining.

## **WEDNESDAY JULY 11**

- 8:30 AM BREAKFAST WITH THE BIRDS** - Come wake up to our feathered neighbors. Meet at the main bath house to begin a stroll through bird country! (The first 12 people to come get free doughnut & juice!)
- 10:00 AM RECYCLE FOR THE BIRDS** - Stop! Don't throw away that empty milk carton! Bring it to the Open Air Chapel and we'll recycle it into a useful bird feeder. In case of rain, meet at the main bath house.
- 11:00 AM BIRD BEHAVIOR HUNT** - Join us on a scavenger hunt for bird behavior. We'll be looking for pecking, foraging, mating behaviors, and more! Meet at the Open Air Chapel, or the main bathhouse if it rains.
- 1:00 PM COVE WALK** - Come stroll a cove of the lake to discover more about life "on the edge." Meet at the camper check-in station, and we'll carpool.
- 2:00 PM WEB OF LIFE** - Every living thing is part of the web! Help us get really "tied up" in our work as we build our own living web. You'll see natural places like you've never seen them before! Meet at the Open Air Chapel, or main bath house if it is raining.

### **WEDNESDAY, CONTINUED:**

- 3:30 PM**      **WET WORLDS** - For us, the lake is a place to go boating or fishing. But for the micro-world of plankton, it's a home. Come help us sample this incredible world of tiny lives floating in lake water. Meet at the main bath house, and we'll stroll on down to the shore.
- 5:00 PM**      **BACKPACKING** - Want to go backpacking but don't know how to start? Come to the Open Air Chapel for some information and demonstrations on how to get started. In case of rain, meet at the main bath house.
- 6:00 PM**      **WATERCOLOR WILDLIFE** - You don't need a camera when you have paint and a brush! For any experience level, enjoy making your own work of art at the Open Air Chapel, or at the main bathhouse if it rains.
- 7:00 PM**      **WEEDS!** - There are more weeds among us than we may realize – many of which are edible! Join us at the main bathhouse to learn about different plants that aren't necessarily supposed to be here.
- 8:00 PM**      **JUNK FUN** - Can you turn a Coke can into a flower? Meet at the main bathhouse to discover some ways to turn junk into fun!
- 9:00 PM**      **WILDLIFE OF TENNESSEE** - Enjoy a slide-illustrated talk on our common native Tennessee "critters." Enjoy wildlife watching from the comfort of your seat. Meet at the Open Air Chapel, or pool entrance if it is raining.

### **THURSDAY JULY 12**

- 9:30 AM**      **SINKING WATERS RIDGE HIKE** - Explore succession - the changing face of nature - on the first loop of the Sinking Waters Trail. We'll discover the woodlands changing all around us! Drive to the camper check-in station, and we'll carpool to the start of the trail.
- 10:30 AM**      **MEET YOUR FEATHERED NEIGHBORS** - Learn how to use a field guide to get to know the common birds of the park. Meet at the Open Air Chapel (main bath house if it is raining).
- 11:30 AM**      **PICNIC WITH A VIEW** - Our park has a lot of rich history. Let's take a bike ride to a short, steep hike where we will picnic at a picturesque spot overlooking the river and the hills as we discover the park's story. Make sure you pack your lunch if you plan on eating with us! Note that ALL riders MUST wear a bike helmet. Children 10 years old and younger must be accompanied by an adult.
- 1:00 PM**      **DANGEROUS BUGS** - Insects, spiders, and other bugs can creep us out, but usually it's for a good reason! Don't worry, you don't have to hold any bugs in this program, but you will get to know which bugs to keep yourself and your family members away from! Meet at the Open Air Chapel, or meet at the main bathhouse if it rains.
- 2:00 PM**      **NATURE SKETCHING** - Train your eyes to notice amazing details in nature. Create a lasting souvenir of your park discoveries. All it takes is a pencil and a piece of paper! Meet at the Open Air Chapel, or main bath house if it is raining.
- 3:00 PM**      **YARN DOLLS** - Find out about toys from colonial times, and make a "friend" to take home with you. Meet at the main bath house
- 5:00 PM**      **BEACH SEARCH** - The lakeshore is full of tiny beaches, full of signs of wildlife and clues to the people who once traveled here. Each wave brings us new things to find! Meet at the main bath house to begin our natural "treasure hunt."

## **THURSDAY, CONTINUED:**

- 6:00 PM**      **TREASURE HUNT** - Forest creatures use signs to find the "prize" of survival. We can use clues to find our prize too. Meet at the Open Air Chapel, or main bath house if it is raining.
- 7:00 PM**      **OLD TIMEY GAMES** - Enjoy some good-old fun! Try some games from the early settlement days of East Tennessee. Meet at the Open Air Chapel, or main bath house if it's raining.
- 8:00 PM**      **BEAD CRAFT** - Create your own beaded necklace or bracelet. We'll bring the beads, you supply the patient fingers! Meet at the main bath house.
- 9:00 PM**      **TENNESSEE TALES** - Enjoy a slide-illustrated talk on Tennessee Folklife, and then share some good-old traditional tall tales. Meet at the Open Air Chapel, or pool entrance if it rains.

## **FRIDAY JULY 13**

- 9:30 AM**      **BIKE RIDE TO SHIPLEY CEMETERY** -Long years before this was a park, it was the Shipley family farm. As we visit their family cemetery, and the green hills beyond, we can get a better feeling for their land and their lives. Pedal on down to the camper check-in station. Note that ALL riders MUST wear a bicycle helmet. Children 10 or under must be accompanied by an adult!
- 11:30 AM**      **SPOTLIGHT STROLL** - Let's shine our light on some bright natural discoveries. Meet at the camper check-in station to begin a short, sunlit walk.
- 1:00 PM**      **STORY HOUR** - Come relax under a big shade tree during the heat of the day to enjoy some great stories from Cherokee and Appalachian lore. Meet at the Open Air Chapel or main bath house if its raining.
- 2:00 PM**      **CREEK WALK** - Get on your old clothes and tennis shoes. It's time to explore the cool, clear creek waters. We'll discover a world of amazing life. Drive to the camper check-in station, and we'll carpool. Be prepared to get wet!
- 3:00 PM**      **FOREST FAMILY** - Through all the drama, family is family... And it's the same in the natural world! Meet at the campground check in station for a leisurely walk.
- 4:00 PM**      **WHAT SMELLS?** - The nose knows! Nature is full of amazing smells - some delightful, some disgusting! Let's follow our noses to nature discovery. Meet at the main bath house for a short walk.
- 5:00 PM**      **DUCK ISLAND BIKE RIDE** - Meet at the camper check-in station and we'll pedal on down to Duck Island! See what the lake is like now, and find out about the river it used to be. Note that ALL riders MUST wear a bicycle helmet! Children 10 or under must be accompanied by an adult!
- 6:00 PM**      **DAREDEVILS** - Don't trip, don't fall, don't stand too tall! This game challenges you to experience testing your other senses besides sight. Meet at the Open Air Chapel, or meet at the main bathhouse if it rains.
- 7:00 PM**      **BEAN ART** - Nature is full of amazing colors and patterns. Even ordinary dry beans can help us see the beauty of our earth. Meet at the main bath house to create natural art from beans!
- 9:00 PM**      **FIRE BUILDING TIPS** - It's just not camping without a campfire! But there are ways to make your campfire safer for us, and for our park land. Meet at the campfire circle, east end of the campground for some tips.

## SATURDAY JULY 14

- 9:30 AM**     **DEVIL'S BACKBONE HIKE** -Come hike to the high places, and get some new views of our park land. Drive to the camper check-in station, and we'll carpool to the start of an invigorating hike.
- 11:00 AM**     **20 QUESTIONS - WPSP STYLE** – Warriors' Path is home to many kinds of plants and animals. Join us at the main bathhouse for a fun-filled game sure to bring out the naturalist in each of us.
- 12 NOON**     **CRITTER PATHS** - Be a critter detective! Find out what's been wandering through the campground habitats. Meet at the camper check-in station.
- 1:00 PM**     **GALL-Y JEEPERS** - Have you seen mysterious growths on leaves and stems? Come discover what they are, what causes them, and what we can do about it! Meet at the camper check-in station for an eye-opening walk along the campground trails.
- :00 PM**     **BALLOON OLYMPICS** - You don't have to be full of hot air, but it helps! Bring your legs and your lungs to the Open Air Chapel, or the main bath house if it is raining.
- 7:00 PM**     **BIRDS OF PREY** - Meet some real live feathered hunters. Come to the Open Air Chapel and see "whooo..." is waiting for you. If it is raining, meet at the main bath house.
- 9:00 PM**     **NIGHT SOUNDS** - Nature is full of sounds when the sun goes down! Some seem eerie, but there's no need to be nervous. Come find out whose noise is whose. Meet at the Open Air Chapel for a short slide show of the creatures who "talk" in the night! (At the pool entrance if it is raining.)

## SUNDAY, JULY 17

- 9:30 AM**     **WORSHIP SERVICE** - Enjoy a peaceful morning worship service at the Open Air Chapel, or at the pool entrance if it is raining. Sponsored by the Colonial Heights Baptist Church

***SPECIAL NOTE:*** We work hard to make our programs both safe and fun! However, as with any outdoor activity, there is always a risk of personal discomfort or even personal injury. Please use your common sense and care whenever you enjoy activities in the **Great Tennessee Outdoors.**

